

## Biography

Jeremy is a Leadership Facilitator, Speaker, Podcaster and Author. Growing up, math and science always made sense to him, but humans rarely did. Then he got his degree in Mechanical Engineering with a minor in Psychology, which set him on the journey of understanding communication between disparate groups of people. Having navigated this challenge himself and having trained hundreds of engineers on leadership and 'human skills', he has distilled his discoveries into a process that can help everyone get better at communication.