

Harriet Stein, RN, MS

Harriet works with organizations that want to leverage the power of mindfulness to drive performance, productivity, and profits. She understands the unique challenges that businesses face today. As a professional speaker, Harriet is passionate about working with organizations of all sizes addressing how to leverage the power of Mindfulness to:

- reduce stress,
- increase performance and productivity,
- lower healthcare costs, and
- boost morale.