

Elizabeth Meenan, M.S., M.Phil.

Executive Director, The Guidance Center

Elizabeth(Liz) Meenan serves as Executive Director of The Guidance Center, bringing over 20 years of experience in mental health services and nonprofit leadership. Prior to her current role, she held key positions at Acenda Integrated Health (Formerly Cape Counseling Services) in New Jersey, including oversight of clinical operations and program development.

At The Guidance Center, Liz leads a team across eleven mental health programs, advancing the agency's mission through strategic planning, staff development, and community collaboration. Her leadership is grounded in a commitment to operational excellence, equity, and advocacy for underserved populations.

Elizabeth holds a Master of Science in Human Services from Capella University and a Master of Philosophy in Human Services from Walden University. She is also a recipient of multiple national awards for program innovation from the Mental Health Corporations of America.