

Adam Holbrook is a John Maxwell Certified Leadership Trainer, a Conflict Resolution Specialist, a Social Emotional Master, a “Time to Teach” classroom management facilitator, speaker, and coach.

Adam has authored two books. *Character Evolution* shares his personal journey of unleashing his potential and offers practical strategies for dealing with conflict, overcoming self-sabotage, and breaking free from limiting mindsets. He also wrote *How to Give the Best Speech Ever*, a concise guide featuring 60 actionable tips to help communicators deliver their message with passion, purpose, and authentic connection. He is also the President of Sunset Toastmasters, a public speaking mentor, a men’s bodybuilding champion, a husband, and a father of two children.

Adam has successfully founded, developed, and sold two companies. The last was sold for seven figures in January 2020. Adam's passion is adding value to leaders, enabling them to empower their teams.